

Have you had a fall?  
Are you prone to trips or slips?  
Concerned about having a fall?

Speak to your Eye Care Professional

**NFPCG**

**National Falls Prevention Coordination Group**

Empowering local communities to prevent falls



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Concerned about having a fall?

Speak to your Eye Care Professional or  
call the local Falls Service to help you  
feel more confident

Your local Falls Service  
can be contacted on:

Have you had a fall?  
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Speak to your Optometrist

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